



# Dealing with Fear, Uncertainty and Doubt?

## "Tools You Can Use" Webinar Series

### Uncertainty Rules ♦ September 29

*What do you think of when you read these words: "Uncertainty Rules"? Does uncertainty rule or govern what we do? Should it? Does uncertainty have its own set of rules and regulations that we should be aware of and manage? What if someone said "ambiguity ROCKS"? Register now to participate in an engaging and thought-provoking look at uncertainty management. With all the change and uncertainty in our market, economy and current environment, this timely session will help you hone your skills in the areas of anticipating the unknown and leading with confidence when..."uncertainty rules".*

### Change Management ♦ October 13

*If it's true that the only thing that doesn't change is that "things change," then why are we as human beings so uncomfortable with change? And if it's not universally hard, why is change so hard for some, but others seem to navigate through it with ease? This engaging look at the processes we all go through around change, including why some seem to "do" change better than others, will help you look at change a little differently, with the end goal of improving your own outlook on and tolerance towards change.*

### The Right Stuff ♦ October 27

*Why does problem solving seem so hard? How do we keep ourselves from getting overwhelmed by the problems we're facing, or distracted by the first solution that comes along? Wouldn't it be nice to have a simple way to face problems, head-on? Join us to learn tips to make problem solving as easy as 1...2...3. You'll walk away with practical, useful, try-this-now strategies to help you solve even the most complex problems.*

**Training at your desk**

**New Time**

**2:00 - 3:30**

**\$49 per session**

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*Presented by:  
Sinikka Waugh,  
Project Coach*

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